**How itchy is your dog?**
This scale is designed to measure the severity of itching in dogs. Itching can include scratching, biting, licking, chewing, nibbling or rubbing.
Read all the descriptions below **starting at the bottom.** Then use a marker pen to place a mark anywhere on the vertical line that runs down the left hand side to indicate the point at which you think your dog’s level of itchiness lies.

- **Extremely severe itching / almost continuous**
  Itching doesn’t stop whatever is happening, even in the consulting room (needs to be physically restrained from itching)

- **Severe itching / prolonged episodes**
  Itching might occur at night (if observed) and also when eating, playing, exercising or being distracted

- **Moderate itching / regular episodes**
  Itching might occur at night (if observed), but not when eating, playing, exercising or being distracted

- **Mild itching / a bit more frequent**
  Wouldn’t itch when sleeping, eating, playing, exercising or being distracted

- **Very mild itching / only occasional episodes**
  The dog is slightly more itchy than it was before the skin problem started

- **Normal dog – I don’t think itching is a problem**
**How itchy is your dog?**

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| 10 | Extremely severe itching / almost continuous  
| 9  | Itching doesn’t stop whatever is happening, even in the consulting room  
| 8  | (needs to be physically restrained from itching)  
| 7  | Severe itching / prolonged episodes  
| 6  | Itching might occur at night (if observed) and also when eating, playing, exercising or being distracted  
| 5  | Moderate itching / regular episodes  
| 4  | Itching might occur at night (if observed), but not when eating, playing, exercising or being distracted  
| 3  | Mild itching / a bit more frequent  
| 2  | Wouldn’t itch when sleeping, eating, playing, exercising or being distracted  
| 1  | Very mild itching / only occasional episodes  
| 0  | The dog is slightly more itchy than it was before the skin problem started  
| 0  | Normal dog – I don’t think itching is a problem |